Preparing for Emergencies

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Resolve To Be Ready In 2011!

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Emergencies Happen

✓ Disasters can strike at anytime

✓ Having a plan and the tools in place to make it on your own for a period of time can be crucial

✓ Three simple steps can help you prepare for the unexpected
Emergency Preparedness

✓ Individuals should take three preparedness steps:
  • Get a Kit
  • Make a Plan
  • Be Informed
Get an Emergency Supply Kit

✓ Include basic supplies for your family and pets for three days

✓ Prepare at least two kits: one for home; a smaller portable kit to take with you if you have to leave; and if possible, kits for your office or car
Emergency Supply Kit

The larger at-home kit should include the following items:

**Food**
- Non-perishable - not requiring refrigeration, cooking, or water for preparation
- Examples: canned food, granola bars
- Include a manual can opener, if necessary

**Water**
- One gallon per person and pet per day for three days
- Store in clean, sealed plastic bottles
- Need for water can vary based on climate and special needs
Emergency Supply Kit

Radio
- Battery-powered with NOAA weather alert function
- Extra batteries

Flashlight
- Extra batteries

First Aid Kit
- With specific items for your family/personal needs

Whistle
- To signal for help if trapped

Wrench or Pliers
- To turn off utilities if necessary
Unique Family Needs

✓ Consider your family’s unique needs such as older Americans or individuals with disabilities and other special needs. Some items you may want to add to your kit include:

• Prescription medications
• Extra wheelchair batteries
• Formula or diapers for infants
• Games or toys to entertain children

For a list of additional items, visit www.Ready.gov
Pet Supplies

✔ If you have a pet, include pet supplies in your emergency supply kit:
  • Food
  • Water
  • Medicine/Medical records
  • Collar with ID tag
  • Harness or leash
  • Crate or other pet carrier
  • Familiar items, i.e. toys, treats and bedding
  • Picture of you and your pet for identification purposes
Make a Family Emergency Plan

✓ Sit down as a family and plan in advance what you will do in an emergency

✓ A well thought out plan will allow you to assess the situation, use common sense, and take care of yourself and your loved ones
Family Emergency Plan

✓ You may not be together as a family when an emergency happens

✓ Plan in advance how to get in touch with each other and get back together

✓ www.ready.gov has a template to help you get started
Family Emergency Plan Elements

✓ **Out-of-Town Contact** – In an emergency it might be easier to make a phone call out of town; designate a contact out-of-town to take roll and relay information for your family

✓ **School and Work Plans** – Learn about the emergency plans at your workplace and at your children’s schools

✓ **Meeting Places** – Choose two places to meet: one in the neighborhood; one outside of the neighborhood
Special Considerations for Your Family Emergency Plan

- Older Americans and Individuals with Disabilities and Other Special Needs – Develop an emergency plan that considers each person’s unique needs, including a personal support network to call on in the event of an emergency.

- Pets – Plan with neighbors, friends or relatives to make sure someone is available to care for or evacuate your pets if you are unable to do so.

- Review ready.gov’s “Get Tech Ready” web page for great information on use of texting, storage of contact info and personal data, etc.
Stay or Go?

✓ In some situations authorities may urge you to evacuate
  • Hurricane, flood, fire, etc.

✓ In other situations, staying where you are and avoiding danger is best
  • If air is contaminated or there are large amounts of debris in the air

✓ Listen to instructions from local emergency management officials
Evacuating

✔ Plan where you will go; choose several destinations in different directions

✔ Plan driving routes; have maps and alternate routes

✔ If you do not have a car, know public transportation options

✔ Take your Emergency Supply Kit

✔ Lock your door

✔ Take your pets; plan out what pet friendly lodging you will go to in advance
Be Informed

✓ Learn more about:

- Different types of emergencies and their appropriate responses
- Which emergencies are more likely to affect your area
- The emergency plans in your community
- Visit www.ready.gov
- www.brisbaneca.org – Emergency Services Department
  see the Helpful Links on our site
Get Involved

✓ Citizen Corps brings community and government leaders together to involve community members and organizations in all-hazards emergency preparedness, planning, mitigation, response, and recovery.

✓ Brisbane Community Emergency Volunteers information can be found at [www.brisbaneca.org](http://www.brisbaneca.org) Emergency Services Department.
Prepare Today!

✓ To learn more about how to prepare yourself and your family, visit www.ready.gov

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