

## CAFE: The Center for Age-Friendly Excellence

*Advancing Livable Communities for all Generations*



All Together Better: San Mateo County

### **Brisbane**

Health Older Adults (Age 65 plus)

Preventive Services Females: 35% of women received preventive services. This is slightly above the County value of 33.1% and less than the national value of 37.9%.

Preventive Services Males: Once again males exceed females in preventive services at 40.8%. This is higher than the County value of 38.9% and lower than the US rate of 43.7% .

Disability: Older adults with a disability in Brisbane are at 20.1% compared to the County value of 27.8% and the California rate of 33.4%. This is significant and reflects a healthier population in the city in terms of activities of daily living.

Hearing Difficulty: 4.8% report hearing difficulty compared to a County value of 10.5%, a California rate of 12.9% and a US value of 13.8%. This kind of disability is significantly lower in Brisbane.

Self-Care Difficulty: Self-care rates in Brisbane for older persons are 3.9% with the County coming in at 8.0%, the California rate at 9.3% and the US value at 7.4%. This is a significant difference and the older adults of Brisbane enjoy a higher quality of life compared to their counterparts regionally and nationally.

Vision Difficulty: 3.2% of Brisbane older persons struggle with vision difficulty. This compares to a value of 4.4% in the County, 6.0% in California and 6.1% in the US.

Independent Living Difficulty: Older persons in Brisbane score much lower 5.3%, and are more able compared to their counter parts in the County at 14.0%, California at 16.2% and the US at 13.6%. This fits with the data above on disability rates.

Arthritis: 17.3% of older persons in Brisbane struggle with arthritis compared with about the same in the County at 18.8%, but much lower than the US rate of 24.2%. Again, older persons in Brisbane enjoy relatively better health.

Oral Health: 6.4% of older persons in Brisbane have suffered total tooth loss compared to the County value of 5.7% and the US value of 13.4%. Strangely, there is more total tooth loss in Brisbane compared to the County.

65 Plus Living Alone: 28.8% of older persons in Brisbane live alone. This value is much higher than the County value of 20.8% and the California rate of 22.1%. This status can place persons at risk and suggests programs and services directed at isolation and loneliness.

65 Plus Living Below Poverty: 5.2% of older persons live below poverty in Brisbane. This compares to the County value of 7.1% and the California rate of 10.5%.

AARP Livability Index (1 to 100): (2022)

Index Score: 58 Range is 0-100

Housing: 45

Neighborhood: 69

Transportation: 51

Environment: 54

Health: 80

Engagement: 55

Opportunity: 50

Discussion: Highest and Lowest Score

Health: Brisbane is a very healthy community. The disability values above testify to the long term benefits. Smoking prevalence is about half the US median at 10.5% and adults enjoy a healthy life style where obesity is lower at 22.0% compared to that US median of 32.2%. 99.1% of persons have access to exercise opportunities and there is zero shortage in healthcare professionals. Residents are staying out of the hospital from preventable accidents at 31.7% compared to the US median of 48.5%. Brisbane residents are satisfied with their healthcare at 73.0% compared to the US median of 71.0%.

Housing: Brisbane like the entire Bay Area suffers with housing challenges and issues. The good news is that 38.1% of the units are multi family compared to the US median of 18%. The bad news is that the cost of double and more. Housing costs are \$2,410 per month compared to the US median of \$1,057. And 20.2% of income is spent on housing compared to the US median of 16.3%. There are 14 units per 10,000 persons for subsidized housing. Housing costs and availability are particularly impactful on older persons and policies are urgently needed to

support affordable housing stock. To date there is no policy in Brisbane for inclusive design, manufactured housing protections, or state foreclosure prevention and protection. There are County housing trust funds and State policy on ADU's and State and local plans to create age-friendly communities.

## Get Healthy San Mateo County

### Brisbane Highlights of Opportunities and Needs

16% of the Brisbane population is age 65 plus and the median age is 43. Median rent is \$1,698 and 69% of the households report that they are rent burdened. A staggering 98% of employees report that they do not live where they work. This has major impacts on traffic and pollution. Per capita daily vehicle miles traveled for work is 26 and the number of bicycle and pedestrian accidents per 100,000 compared to 53 for the County. This is a shocking number and an opportunity to intervene. The good news in this statistic is that the number of severe or fatal bicycle and pedestrian accidents per 100,000 is 22 compared to 45 for the County. The economy is strong in Brisbane with an unemployment rate of 5% and a median household income of \$91,127.